

# Power Your Performance

## September 2025



Discovery  
KITCHEN

Primary Meal Price:  
\$3.45

### Merton Primary Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1  No School-Labor Day	2  (1)Jumbo Chicken Tenders with BBQ Sauce and Roll (2) Soft Pretzel with Cheese Dip (3) Turkey and Cheese Wrap Vegetarian Baked Beans	3  1) Big Daddy's Cheese Pizza (2) Hamburger Steak with Gravy and Biscuit (3) Sun Butter Sandwich with String Cheese Mashed Potatoes Seasoned Corn	4  (1) Chicken Nuggets w/BBQ Sauce and Dinner Roll (2) Toasted Ham & Cheese Melt (3) Nacho Fun Lunch-Chips Salsa and Cheese Seasoned Peas	5  (1) Corn Dog on a Stick (2) Chicken Pasta Alfredo with a Roll (3) Chocolate Muffin Fun Lunch-Yogurt and Cheese Seasoned Broccoli <b>FREEZY FRIDAY!</b>
8  (1)Classic Cheeseburger on a Bun (2) Cheese Lasagna Rollup w/Dinner Roll (3) Cinnamon Toast Crunch, Yogurt and String Cheese Fun Lunch Mixed Vegetables	9  (1) Beef Walking Taco with Salsa and Sour Cream (2) Chicken & Cheese Quesadilla with Salsa and Sour Cream (3) Turkey and Cheese Wrap Refried Beans	10  (1) Mozzarella Stuffed Breadsticks & Marinara (2) Mashed Potato & Popcorn Chicken Bowl with Roll (3) Sun Butter Sandwich with String Cheese Seasoned Carrots	11  (1) Crispy Chicken Breast Sandwich with Mayo (2) Hot Turkey & American Cheese Croissant (3) Nacho Fun Lunch-Chips, Salsa and Cheese Smile Potatoes	12  (1) Tony's Cheesy French Bread Pizza (2) Italian Meat sauce and Penne Pasta with Roll (3) Chocolate Muffin Fun Lunch Seasoned Broccoli
15  (1) Pancakes with Syrup & Sausage Patties (2) Beef Hot Dog on a Bun (3) Cinnamon Toast Crunch, Yogurt and String Cheese Fun Lunch Seasoned Green Beans	16  (1)Beef Nachos with Salsa and Sour Cream (2) Classic Hamburger on a Bun (3)Turkey and Cheese Wrap Refried Beans and Seasoned Corn	17  (1) Big Daddy's Cheese Pizza (2) Bubbly Baked Mac n Cheese with Roll (3) Sun Butter Sandwich with String Cheese Seasoned Carrots	18  (1) Chicken Tenders and Whole Grain Waffle with Syrup (2) Soft Pretzel Cheese Dip (3) Nacho Fun Lunch-Chips, Salsa and Cheese Mixed Vegetables	19  (1) Corn Dog on a Stick (2) Cheese Tortellini in Marinara Sauce with Roll (3) Chocolate Muffin Fun Lunch Seasoned Broccoli
22  (1) Chicken Drumstick with Dinner Roll (2) Sausage, Egg & American Croissant Breakfast Sandwich (3) Cinnamon Toast Crunch, Yogurt and String Cheese Fun Lunch Seasoned Peas	23  (1) Beef Soft Shell Taco with Salsa and Sour Cream (2) Toasty Grilled Cheese with Campbells Tomato Soup (3)Turkey and Cheese Wrap Smile Potatoes	24  (1) Baked Breaded Mozzarella Sticks with Marinara Cup (2) Sloppy Joe on a Bun (3) Sun Butter Sandwich with String Cheese Savory Green Beans	25  (1) Breaded Chicken Drumstick with Roll (2) Meatball Sandwich with Marinara (3) Nacho Fun Lunch-Chips, Salsa and Cheese Vegetarian Baked Beans	27  No School
29  (1)WG French Toast Sticks Pork Sausage and Syrup (2) Beef Hot Dog on a Bun (3) Cinnamon Toast Crunch, Yogurt and String Cheese Fun Lunch Mixed Vegetables	30  (1)Jumbo Chicken Tenders with BBQ Sauce and Roll (2) Soft Pretzel with Cheese Dip (3) Turkey and Cheese Wrap Vegetarian Baked Beans	<div>Milk Choices include 1% White, Skim Chocolate and Skim Strawberry</div> <div>A Full Student Lunch includes choice of Entrée supplying protein and grain, choice of two (2) hot or cold Vegetable sides and one (1) Fruit and a choice of milk. Cold Vegetable and Fruit sides varies daily and are listed below.</div> <div>Green Salad    Fresh Carrots    Fresh Broccoli    Fresh Celery    Bell Peppers    Fresh Mixed Fruit    Chilled Pear    Chilled Peaches    Apple Slices    Bananas</div>		

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